

TECH USE & ABUSE



Screenagers Blog Highlights

[HTTPS://WWW.DELANEYRUSTON.COM/BLOG](https://www.delaneyruston.com/blog)

Tech Evolution Quiz Conversation Starter:

<https://www.screenagersmovie.com/blog/tech-revolution-quiz-to-do-with-your-kids>

Why Your Kids Are Required to Be On Social Media:

<https://www.screenagersmovie.com/blog/why-are-your-kids-required-to-be-on-social-media>

Discord, Twitch, and Mental Health - What To Know:

<https://www.screenagersmovie.com/blog/discord-twitch-and-mental-health-what-to-know>

"Texting Preferred Over In-Person Time".....Really???:

<https://www.screenagersmovie.com/blog/texting-preferred-over-in-person-time-really>

Failure to Close The Loop or Ghosted?:

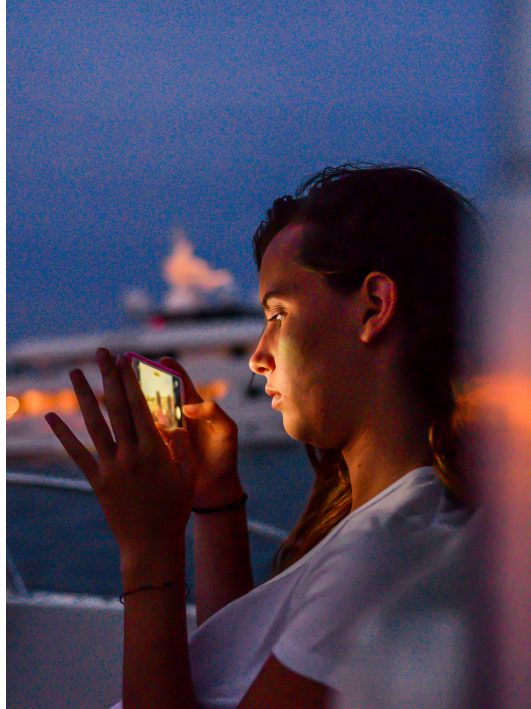
<https://www.screenagersmovie.com/blog/failure-to-close-the-loop-or-ghosted>

The Emotional Risks of Online Life:

<https://www.screenagersmovie.com/blog/emotional-risks-of-online-life>

Creating Video Games for Bonding:

<https://www.screenagersmovie.com/blog/creating-video-games-for-bonding>



ONLINE RESOURCES & FURTHER READINGS

Common Sense Media (Reviews and Resources):

<https://www.commonsensemedia.org/>

Media Smarts:

<https://www.mediasmarts.ca/>

Social Media Test Drive:

<https://socialmediatestdrive.org/>

ACT for Youth Toolkit:

<http://actforyouth.net/adolescence/toolkit/teens.cfm>

CYBER TIP

<https://cybertip.ca/en/>

Further Readings:

10 Tech Related Trends that Shaped the Decade (2019):

<https://www.pewresearch.org/fact-tank/2019/12/20/10-tech-related-trends-that-shaped-the-decade/>

Help Kids Navigate Viral Social Media Stunts:

<https://www.commonsensemedia.org/blog/help-kids-navigate-viral-social-media-stunts>

Practical Tips for Easing Kids' Social Media Anxiety:

<https://www.commonsensemedia.org/blog/practical-tips-for-easing-kids-social-media-anxiety>

The impact of Technology on Kids Today (and Tomorrow):

<https://www.wgu.edu/blog/impact-technology-kids-today-tomorrow1910.html#close>

YouTube Videos:

Brief, but spectacular, Teens on Tech: <https://www.youtube.com/watch?v=mDjII0aOCAY>

PBS News Special: The drug-like effect of screen time on the teenage brain:

<https://www.youtube.com/watch?v=WCT5JcCXMPw>

Screenagers Preview- the effect of Social Media on Teens:

<https://www.youtube.com/watch?v=b7dY4fQ3TF4>